





Dream Poems

Stopping the wheels of time is no ideal at all, it only causes havoc when sleeping films of Kant and Dakota are boiled in their own juices.

Milky way all day.

Laying there under the stars I felt a great issue embellish my lower body.

I knew I had a job but hated seeing everyone's faces.

So whilst slipping over for the 16th time in 4 hours I realized 17 things.

(I was not about to forget 10 of them this time).

I soaked my clothes as though I was a leather teacher.

I turned to my lonely wife, (who I may never have met), and told her my awakening.

She brushed aside her sweat and said, "You sure have a nose for television."

I instantly drifted out and in love with her like some kite falling on a bully.

"Don't underestimate the power of singing, words and thoughts", I wish I said,

but I actually said, "Get that damn monkey out of the canoe."

Waking up next morn, I spelt the word in my own way,

I hit the tournament and lost 3-nil.

My individualism kept me postmodern,

but I ache inside like a snail crushed under a rollercoaster.

Jesus had a good philosophy, "Love thy neighbour as thy love thy sadness."

Lyrics* They and they and they do do do sit all day

and make tedious remarks about things they really understand but pretend not to.

Am I getting too obtuse? Like a movie/song/book/life enhancer

I indulge in pyramids and ghettos that I have never seen, heard or listened out for.

Fake fake fakety fake, I try but fail,

Actions versus the mind.

Maybe it all is taken into consideration at the Federation in Montana.

Kill me Vietnam, I have no questions further.

Gazebo face?

Sock (Pyramids and Ghettos)

* When you think you know it all, you don't.

You only know it all when you realize you'll never

know it all.

Photo by Gaurav D Lathiya



I can't write fast enuff. I can't write fast enuff.

I can't write fast enuff. I can't write fast enuff.

I can't write fast enuff. I can't write fast enuff.

I can't write fast enuff. I can't write fast enough.

I can't write FAST.

ENOUGH!



Tortus

Slow-moving, sleeping king, tartaroukhos, ancient thing.
Those Latin poets called you twisted, but in sea or on land, you have existed through ages and ages, you've seen kingdoms fall, a silent witness, an animal.

Your dome of rock, served you well, your elephant legs, your armored shell.

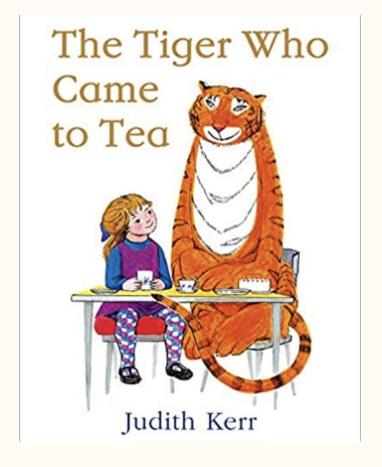
A moving statue, with timeless integrity, a pillar of strength, throughout eternity.

Lord of the underworld, lord of the dead, or just a small reptile, with re-tractable head.

The Animals Who Came To Eat

If the tiger came to tea,
Then the bear came for breakfast,
The lion came for lunch,
And the dinosaur came for dinner.

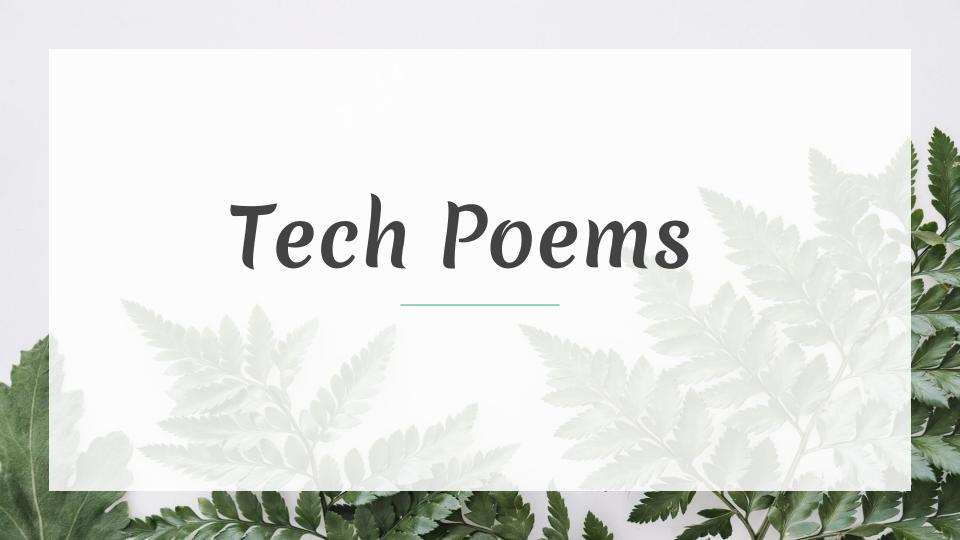
The bear finished all the cornflakes and milk, The lion ate all the chicken, rice, and peas. The dinosaur gobbled all the schnitzel and mash. So when the tiger came to tea... we had to get a takeaway.



Amber the Ambiguous Aubergine

We speak different languages, you and I. While Amber lights a candle once a week, we argue about the nails in our coffins, and the cobwebs found in our food. The sound of the corkscrew forcing its way into our mind's great undiscovered vineyard. Our forefathers and five mothers hold us tight by the campfire burning wood in the desert, where Jesus walked on water before sinking, like the Holy Roman Empire must always sink. The followers reached the hilltop and upon it sang to a half-dead piece of rock that burst into flames, shooting rockets into outer space, as the aubergine turned around to see what once was I.











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Image by Pintera Studio



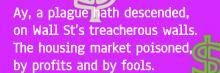


I yield to the yeast of Nasdaq,
Thy frozen dollar hangeth from African trees,
a rate of 3.33 recurring,
amidst our false economies.

I beseech thee, oh CEO of the G20, bear witness to the CPI and GDP, the EU, UN and thou wretched Dow Jones, and reduce thy incestuous income tax immediately!

For what valour, a billion euros?
What separateth the bank from the slaughterhouse?
A mere exchange rate, methinks,
that maketh a mockery of man and king of a mouse.

'Tis inflation that's to blame, for the subprime mortgage liquidation, the merger of murderers, the deceitful corporations.



Behold! The credit crunch and the hedge fund's funeral pyre, thy lawless stocks and shares, acquisitions in the fire.

Conglomerates converge, in an evil covenant, their money it doth multiply, by 6.66 per cent.

So farewell, all ye merchants with your demonic financial doom. There are more things in heaven and earth, than your equity bubbles and boom.





Space of Waste

The Internet is a poem, a 21st century epic, If Google is 'God', then God I'm pathetic. The Internet is nothing but poker and porn, there really is no reason for us being born.

The Internet began a long, long time ago back in ancient Egypt, Wikipedia told me so. The Internet is alive, growing bigger every day, we crash and burn on the cyber highway.

The Internet is a business of traffic and users, if you're not uploading you're one of the losers. The Internet is my friend, a book of faces, but we never 'click', we inhabit different spaces.

The Internet is a domain, a land of its own, send me an email, but don't call me by phone. The Internet is slow and we are children of speed, there are millions of blogs that no-one will read.

The Internet is down, you have a System Error. We are all components in this web of terror. The Internet is free speech, real people power, you can change the president, but never the hour.

The Internet is a library, infinite and wise, we no longer need to look to the skies.

The Internet is Mom, Dad and Babysitter.

You can find this poem on YouTube and Twitter.

easyBank.com

To check the balance of your account, press one. To transfer money from one account to another, press two.

For lost or stolen cards, press three.

If you'd like to pay your outstanding balance, press four.

If you like the word 'muesli', press five.

If you get scared by thunder and lightning storms late at night, press six.

If you believe in one monotheistic God, press seven.

If you are an atheist or believe in many gods, such as the sun god Helios, press eight.

For reincarnation, press nine.

To listen to some ancient Tibetan Buddhist chants, press ten.

Trotskyites, press eleven.

Hermaphrodites, press twelve.

For information on the displacement

of the Aboriginal population of Australia in the late 18th century, press thirteen.



If you just want to get stoned, press fourteen followed by the hash key. If you treat your pet dog better than most human beings, press fifteen. People that still carry some torch of hope for humanity, press sixteen followed by star. For sarcasm or wit, don't press seventeen whatever you do. To speak to a customer service representative, please call the premium number between the hours of 10 am and 10:30 am on Monday, Tuesday and Thursday. To return to the main menu please text the words 'Egyptian Mummification in the Predynastic Period to 666 or hold the line while we drill holes in your ear. Thank you for banking with easyBank.com, the people's choice.

The Revolution Will Not Be Televised (or on Netflix)

You will not be able to stay home, brothers and sisters.
You will not be able to plug in, turn on and cop out.
You will not be able to fill yourself with Nespresso, ritalin, and McNuggets,
Skip out for beer during commercials,
Because the revolution will not be televised.

The revolution will not be televised.

The revolution will not be brought to you by Visa or MasterCard

The revolution will not show you pictures of our leaders

shaking hands with Putin, Assad, King Salman, the Ayatollah

or any other mass murderer.

The revolution will not be streamed on Netflix or Youtube and will not star Tom Cruise, Gal Gadot or Prince Harry. The revolution will not give your mouth sex appeal. The revolution will not make you look five pounds thinner, because the revolution will not be televised, Brother.

There will be no pictures of classroom kids being shot down in the instant replay. There will be no pictures of classroom kids being shot down in the instant replay. There will be no selfies posted by teenage suicides, teenage bullies or teenage terrorists.

There will be no likes, shares, emojis, retweets or hashtags.

Game of Thrones, Fornite, and whatever time-waster comes next will no longer be so damned relevant,
And teenagers will no longer care about Instagram, Snapchat or who wins America's Got Talent
because everyone will be in the street looking for a brighter day.
The revolution will not be televised.

There will be no highlights on CNN, Fox News, Sky News, or Al Jazeera. The theme song will not be sung by Justin Timberlake, Justin Bieber or anyone else called Justin, just in case you need to throw up.

You will not be able to pre-order the revolution with free one-day delivery

from Amazon, eBay or AliExpress.
You'll no longer need to worry about ADHD, OCD or HIV, or take CBD in an AirBnB.
The revolution will not give you Air Miles,
loyalty points or unlimited storage space.

The revolution will not go better with Coke.
The revolution will not be available in 3D, 4G or supercalifragilistic expial idocious HD.
The revolution will not make you look good naked.
The revolution will put you in the driver's seat.

The revolution will not be televised, will not be televised, will not be televised.

The revolution will be no re-run brothers and sisters;

The revolution will be live.

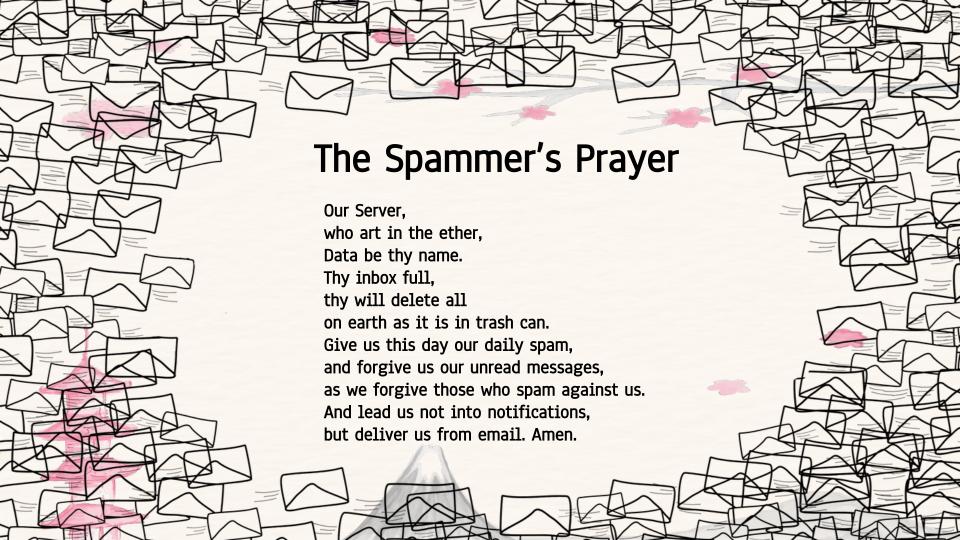
Life is not a resume, you don't have to login, logout, clock-in, clock-off, swipe your card, pass with straight 'A's or delete your imagination.

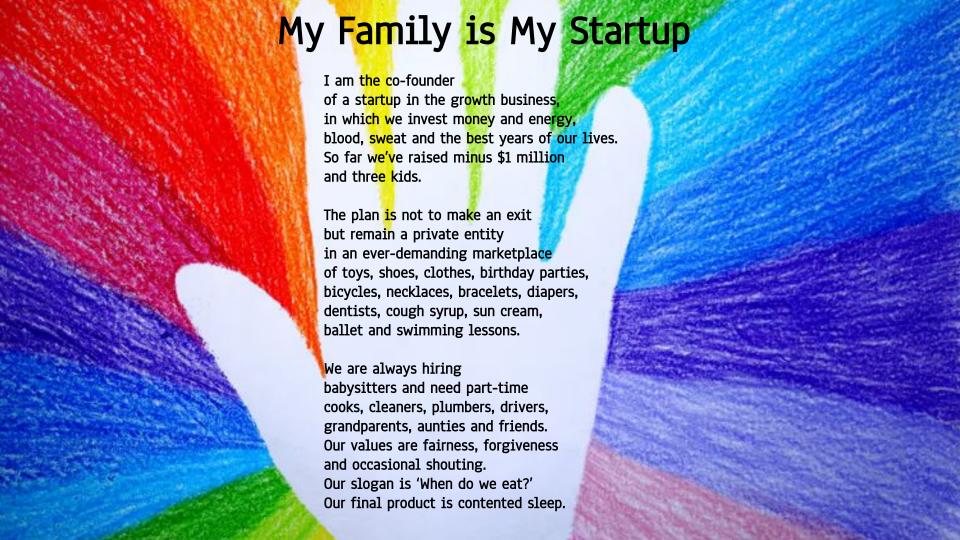
Life is not a resume, you don't need five years' experience, an MBA in computer wizardry, be an independent team player or speak three languages while juggling on a tightrope.

Life is not a resume, you don't need to fill in a form when you die. No-one will ask for salary expectations because the revelation, Brothers and Sisters, will be live.

Life Is Not a Resume







Stay Safe (We're Here For You)

Stay safe. Stay home. Stay healthy. Stay warm. Stay comfortable. Stay lazy. Stay obedient. Stay stupid. Stay gullible. Stay online. Stay connected. Stay lovable. Stay here. Stay clicking. Stay buying. Stay eating. Stay sitting. Stay lying. Stay playing. Stay gambling. Stay addicted. Stay low. Stay unrecognised. Stay rejected. Stay under control. Stay quiet. Stay working. Stay awake. Stay away. Stay watching, watching, watching, as they say, how you can stay.

Stay in the right lane, stay in the left, Stay for a while, stay until death. Stay insane, but don't cause a fuss, Stay a consumer, but don't question us. Stay watched, stay under surveillance, Stay off the grass, stay on the pavements. Stay out the way, stay in line, Stay with us, and you'll be fine. Stay polarised, stay in fear, Stay believing, the end is near. "We're here for you," your leaders say, The wheels of government are here to stay.

England Poems

Slipping past the passers-by, Sliding through the gate, Round the corner and down the stairs, He is London's smoothest snake.

Never touching, never talking, But always on the move, This creature of the underground Is instinctively in tune.

Like a 21st-century pickpocket, He disappears onto trains, From Leytonstone to Ealing These tubes are in his veins.

He overtakes the suitcase He swerves past the slugs, The advertising billboards, The multimedia drugs.

And when he finally rests To close his eyes to sleep, His mind is still racing, So he starts counting sheep.

Tube Snake





Bedtime Story, 1984

I sat on the carpet, next to the coffee table, eating a bag of chips, dipping them into red sauce.

The TV was blaring, the BBC 6'O Clock News, when an Ethiopian child stared at me, with flies buzzing around his/her head.

Its belly blown up like a balloon, the eyes – an unfamiliar glare, a misery inhuman, from a distant, desert planet.

Not everyone has food, not everyone has clothes. A child was dying, before Top of the Pops. On a Thursday night, I was glued to the TV eye, out of an infantile hunger, rather than adult apathy.

I, was a child, My questions were simple. It may not have been real, yet I was five years old.

How easy it was, back then, eating chips. That red sauce tasted good, before I saw the news.

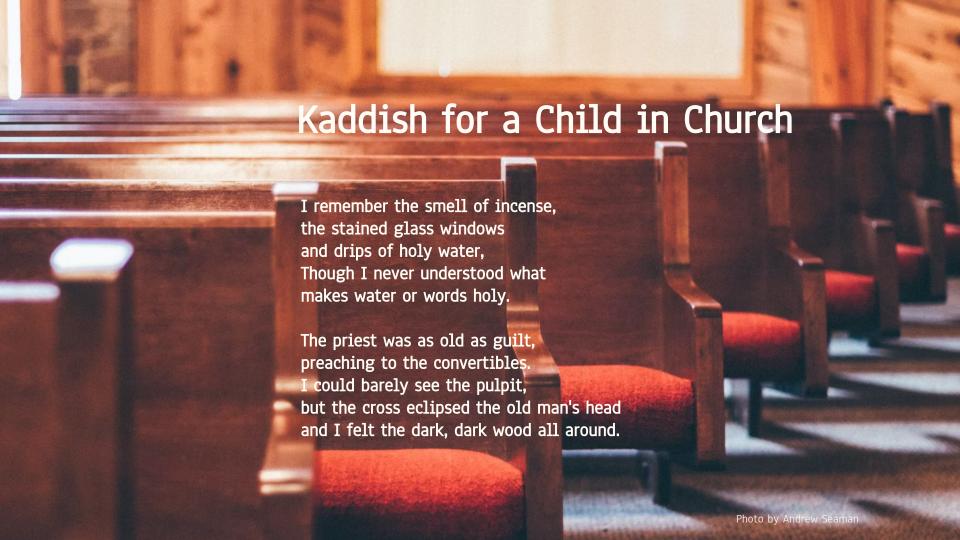
Lost Luggage

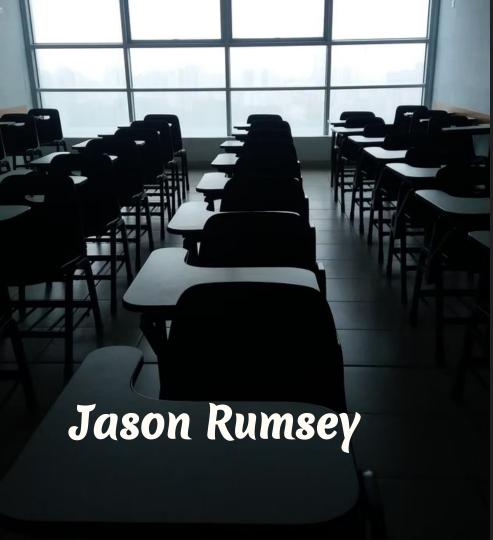
In London I lost myself, my shyness, inhibitions, the stupid town that held me back. I lost my past, the teeth knocked out of my mouth so fast by bored brats who smoked too much weed, suburban anti-artists will never succeed.

In London I lost my luggage, that invisible weight I carried on my shoulders, I lost the hatred that ran in my veins, I remember reading M.K Gandhi on trains, thinking this world's not always insane, suffering leads to inspiration again. In London I found my voice, while hundreds of people passed me by, on the pavement outside Angel tube station, freezing winter days were my revelation. In London I found my song, the African drum that goes on and on.

In London parks I walked alone, from Oxford Street to Chalk Farm home, I cried on a park bench in Golders Green, my friends, my family, my life unseen. It was all too little, it was all too much, So long London, (I'll be in touch).





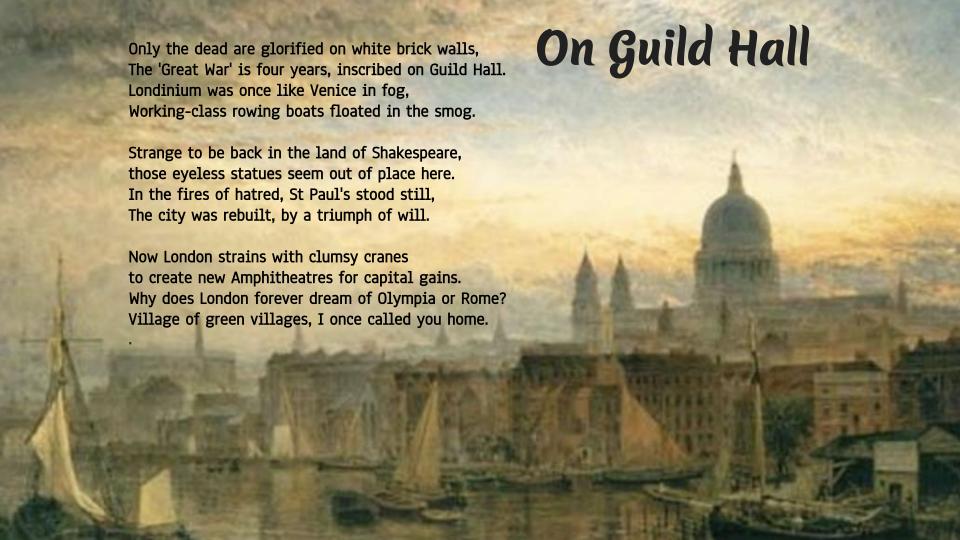


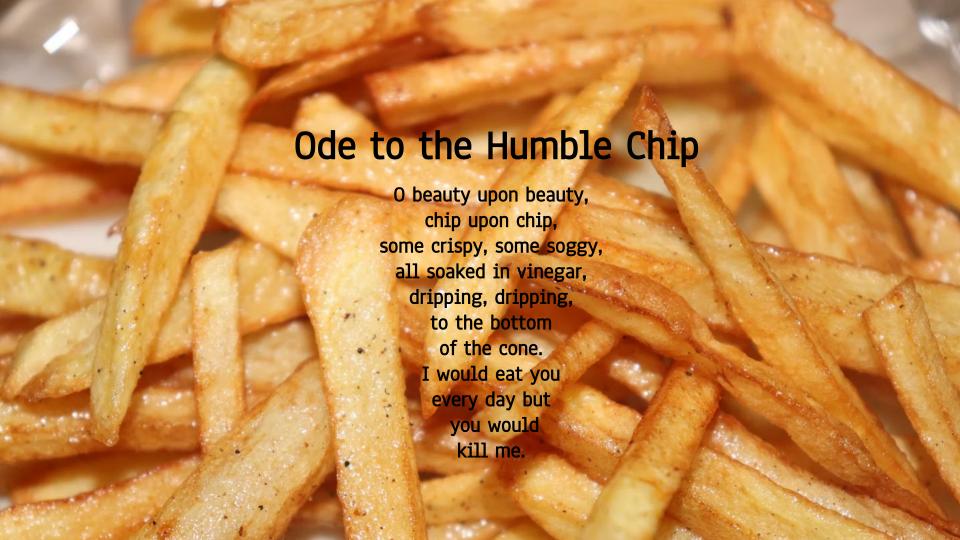
Life is elsewhere, Jason Rumsey, I cannot forget your name. The curly-haired boy, unclean skin, with tortured and confused glare. You sat next to me in Caboroski's art lessons, those darkest Tuesdays, when it seemed to rain harder than ever. And were you there, Rumsey, when I spilt the cup of coloured water all over the idiot's painting? That day was cursed by the black crow, who vanishes for long years, before returning, squawking in my ear. Your name, Jason Rumsey, was next to mine in the class register, until one night, in 1991, you tied a rope around your neck, and hanged yourself from a stairwell. They told us, it was a dreadful mistake, a joke that went wrong, while your dad was watching Eastenders. Poor Jason Rumsey, like Thomas More, England killed vou.

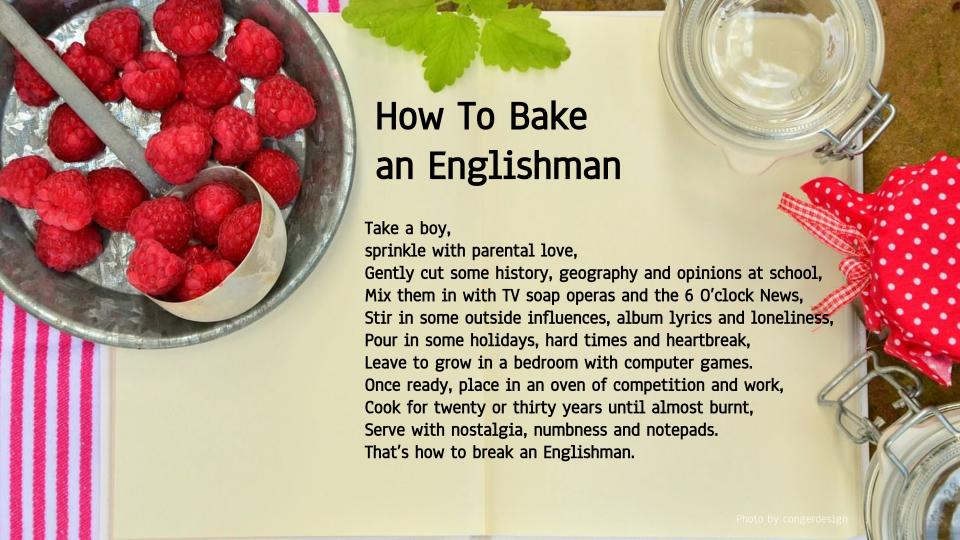


Trapped in a village of bungalows, I went down to where the muddy Crouch flows, and listened to the bells of the moored boats, without a friend, without a hope.

Across the river, a farm on the marsh, All this emptiness can be harsh. I never felt at home in my hometown, Music and scribbles were my playground.









So it seems like the 'brains' behind the Brexit brand were all too quick to quit this land, Going back to the future of the 80's, man. But those wordsmiths never had an exit plan.

It seems everyone got caught up in 'Leave' or 'Remain', and forgot to ask, 'Isn't this question insane?'
Now the English are left with their miserable rain, a self-made crisis, though little will change.

Football is a farce, every four years I fall for the fan fair and get a case of fever. It's coming home, it's coming home! Soccer is the global game, It's never coming home.

Football is a fix,
An unfair final or semi-final,
Bribed referee or goalie,
brown envelopes of cash
from Qatar or the Tzar
paid to the chief thief of Fifa.

Football is fake news,
a distraction from the destruction.
God save the Queen
but don't worry about the green
planet - just keep watching,
consuming, betting, drinking, fighting,
until the 90th minute.
Football, fuck off.



Rayleigh to Israeli



Born in a house, not a hospital, in the town of Rayleigh. Christened as Daniel William, a Catholic boy at the Church of Our Lady's.

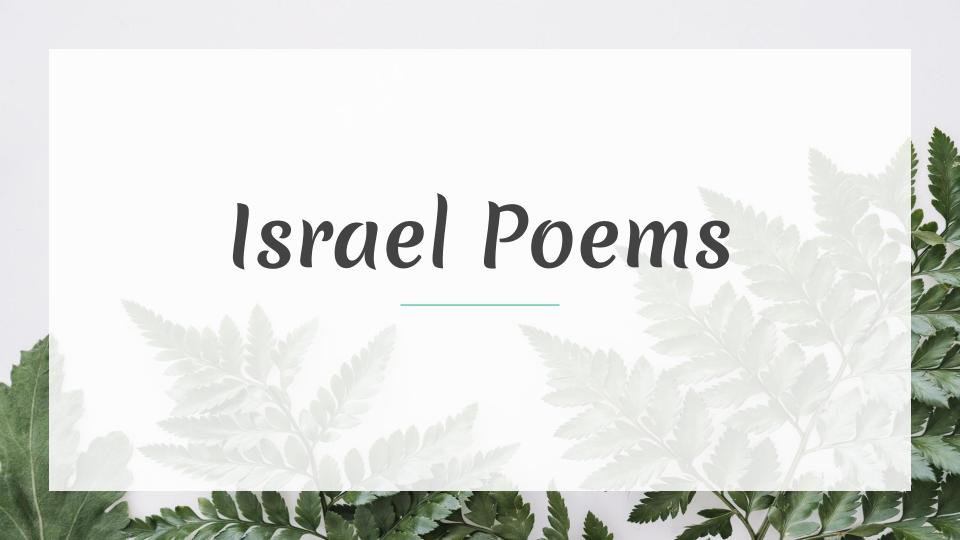
Baptised and 'born again' at the age of twelve, along with my Dad, William. Abandoned the faith by fourteen, I scribbled and screamed through my teenagedom.

Studied the classics of rock and cinema, but got drunk, beaten and heartbroken. Inspired to leave for London, I met Shiri in the Whirly daze, when love was awoken.

Travelled to temples, reading Gandhi and Dr. King, but still not finding inner peace. Landed in Israel at Christmas, as a tsunami shook the world, I saw a future path to seek.

Converted to liberal Judaism, immersed in the mikveh, I became Daniel ben Abraham. Moved to Tel Aviv, learnt Hebrew and poetry, but became less of a religious man.

Married at thirty, changed my surname to Raz, then to three girls, I became 'Abba'. Settled after forty, now I don't know who I am – an agnostic, judgemental, Buddha?



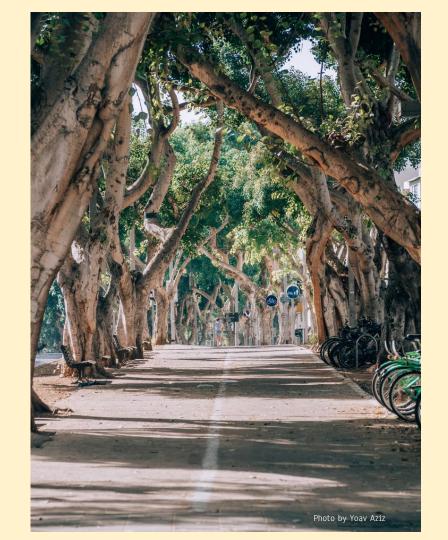
Café Voltaire

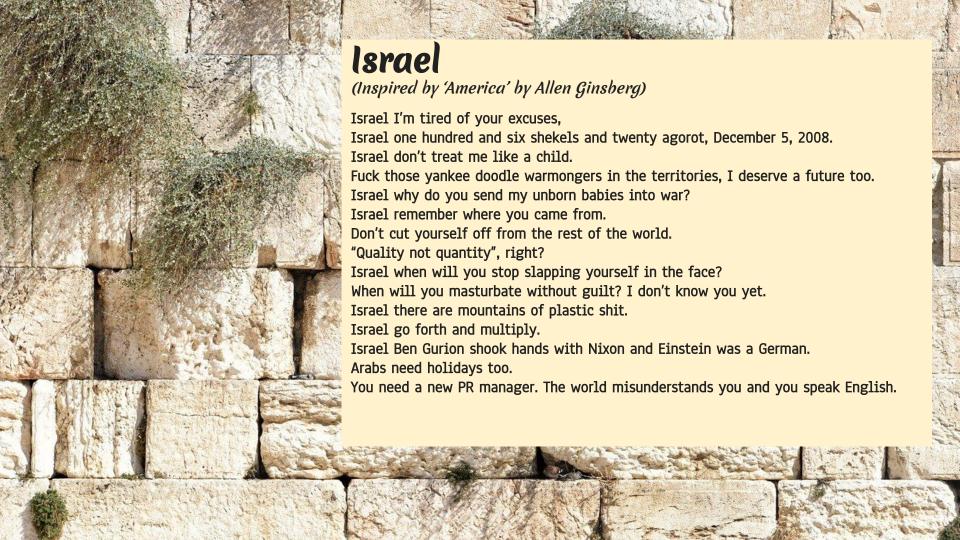
Tel Aviv is a French film black & white, jump cuts, edited by students with haircuts, long brown curls, girls with flowers in their handbags, shopping on Dizengoff for wedding dresses to cry on.

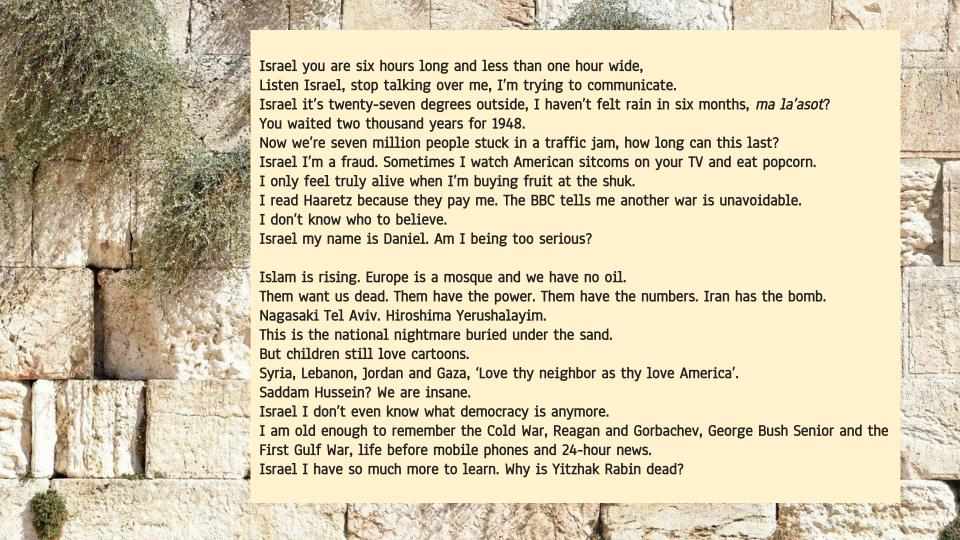
Tel Aviv is the Café Voltaire, in Zurich, Switzerland, where surreal Dadaists painted poetry on pub toilet walls, forever is never the end, cats make love below balconies, while bicycles circle in silence.

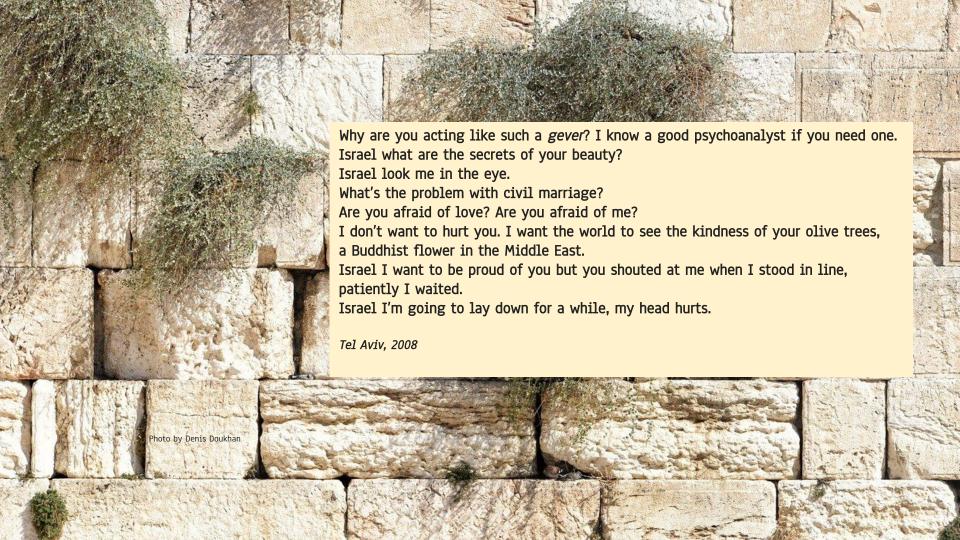
Tel Aviv is Manhattan in the 60s, where Bob Dylan and Ginsberg drink tea and smoke weed, honey, lemon and speed past the falafel stalls to be human, once more, to the core.

Tel Aviv is and will be a dream, unless men and women with hindsight and insight use the light switch to switch the tide of time, a Mediterranean mind game that nobody can win.









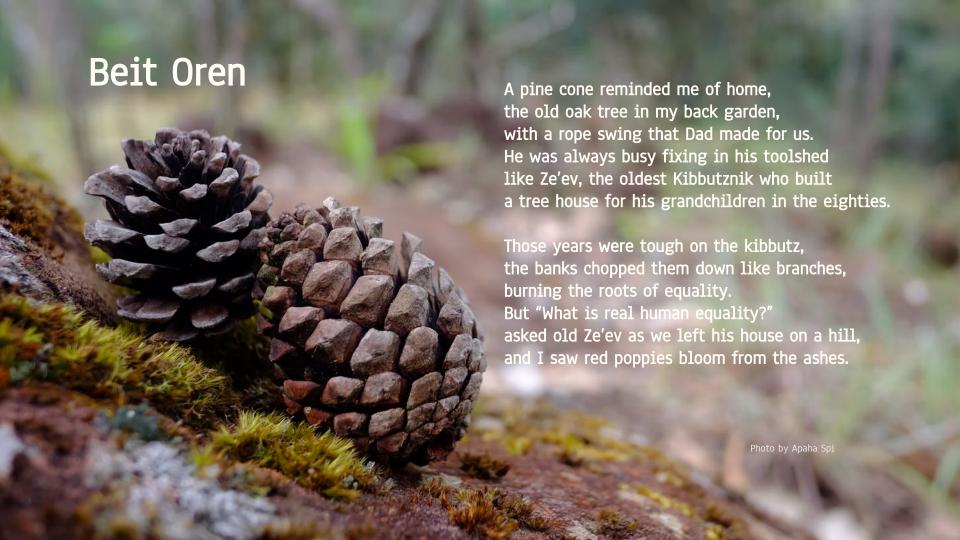


Has it been five years since I wrote Israel,
My howl at the Holy Land?
From the outside nothing has changed,
You still want to send my new-born infants into war.
You still create mountains of plastic shit.
You still have a problem with civil marriage, and love, and me.

Has it been five years since I wrote Israel,
My own personal waste land?
On the inside entire worlds have shifted.
You gave me a family and a nest of friends.
You sent me to the desert to find direction.
You built me a home filled with the shining moonlight.

Tel Aviv, 2013

Photo by Matan Perlmuter



Black Orange



Photo by Yassine Khalfalli

Midway through the flight to Tel Aviv I recall the words of a Greek man who said. "Don't let Israel change you." He wasn't an anti-Semite he was just warning me That the Holy Land can change people fundamentally. Over my right shoulder some Orthodox men are gathering To pray outside the toilet cubicles. All of a sudden we're on easy]ew airlines Where husbands eat kosher sandwiches lovingly Wrapped in tin foil by their Madison Avenue wives in wigs. Five minutes earlier air stewardesses in orange walked down the aisle selling scratch cards. Gambling and God, 10,000 feet in the sky. What is shocking is that I am more shocked By the girls in orange speaking English Than the men in black speaking Yiddish. I guess the Greek guy was right.





The house is whole, the country has holes.
The house is sweet, the country has bones.
The house has love, the country has wars.
The house has friends, the country has enemies.

The desert is stars, the desert is darkness.

The desert has silence, the desert has war planes.

The desert has rocks, the desert has land mines.

The desert is ours, the desert is no-one's.

The house is old, the country is news.

The house has memories, the country has worries.

The house plants flowers, the country builds towers.

The house is my home, the country is my home too.

April, 2023

Photo by Levi Meir Clancy on Unsplash

Spirit of 2048

Midnight is the first minute of a new day. Our darkest hour is also the start of a new way. Now, we're not yet in our darkest hour but freedom is being strangled by a strange power, extremists that want to push their racist agenda, and convince people on the left and right to surrender, to the age-old messages of divide and rule, While they can rule, they cannot divide trying to turn us all into outraged fools. because there's something no politician can hide, and that's the human heart - the human soul. the human spirit is indivisible. Now I'm not talking about the physical world of man, but a spiritual place I don't yet understand, where we're all part of a universal energy flow, not just pawns in a game created many years ago. This game of resources, religion and borders, was drawn on a map under postcolonial orders, and a backdrop of grandiose historical mistakes. unholy wars, and scriptures that are fake. All you dictators, wannabe dictators, and lawmakers hear the Jews, Bedouins, and Palestinians ain't leaving here. In the spiritual realm, they say we're all one and the same, so you better quit it, and give up the game. Misleading leaders can play the game of hate, long after Israel is a hundred years old in 2048. But the spirit conquers armies and always returns, and the lesson to love must always be learned.

Spirit of 2048 (cont)

Peace ain't gonna be easy to realise in my lifetime, but the struggle goes on, our kids are the peace sign. When people arise to see we're all sisters and brothers, then we can be wise and start learning from each other. We can share resources. study on the same courses, dismantle this polarised system. and share our traditions and wisdom. But when a leader knows we need to end hate. some lunatic comes with a gun to assassinate, and although they killed Dr. King, Lennon and Rabin, in a secret way their spirit lives on within, in the heart of peace-loving humans everywhere. Today we've got more than our fair share with Hamas, Hizballah, Avatollah, Assad. pick an enemy, there's many to be had.

Though I can't change theirs or our leader's lies, I can look my fellow civilians in their eyes, and see they're a child of humanity, just like me, being fooled by the divide-and-rule policy. What I'm talking about is making peace in our home, not hiding behind rockets or an Iron Dome. That's a short-term tactic to defend and attack. real lasting peace needs a different dialogue track. it's a long road that's off the political map, where we've gotta work for peace, we have to hack. We have to educate children and bring compassion back. So I'm visualising a vision for 2048 may it be a time of healing in a once hate-filled state. Inner peace has to be the goal of this generation, acting upon our ancestors' wisdom and revelation. In 2048, inshallah, if it's meant to be, I'll be the ripe old age of seventy. And from writing today, that's in 25 years time, so let's start by healing our tormented minds.

Two Sides, One Square (A Tale of Two Israels)

On one side of the city square was a sacred song circle with no agenda but love, inviting others to 'Come as you are', singing, 'Ben adam, oleh lamala, oleh' – meaning, 'Humankind, rise up higher, rise up'.

On the other side of the city square was a screaming chorus of noise with no agenda but hate, waving flags and intimidating others, shouting 'Mavet I'smolenim' – meaning , 'Death to the lefties.'

Two sides of the same square – Inclusive Israel and Exclusive Israel.

One respects Arab and non-Jew, lesbian or gay.

One despises Arab and non-Jew, female or gay.

One remembers that we were all once refugees.

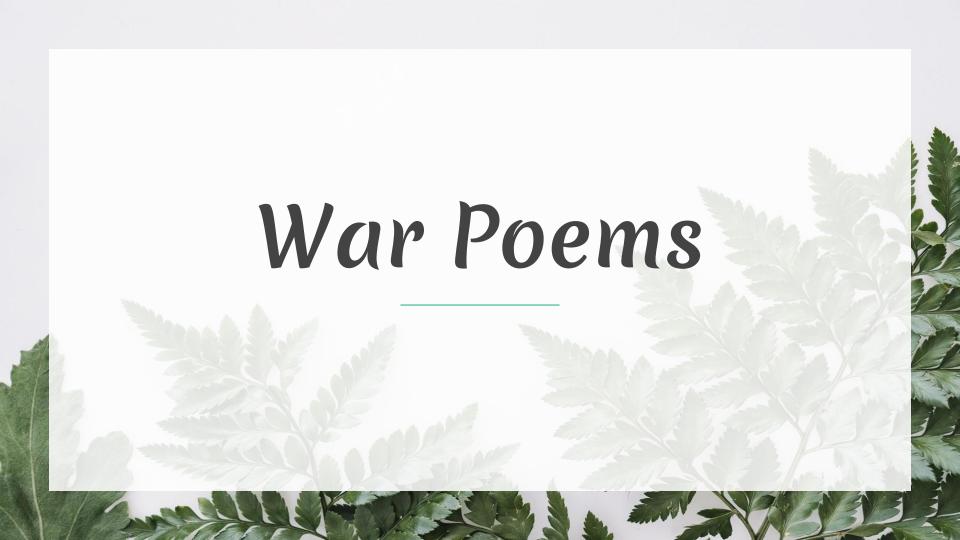
One has forgotten where we come from.

One prays for a universal, selfless peace.

One perpetuates a divisive, selfish war.

No prizes for guessing which side I was on.





Ah, these are the leaders
These are the leaders -

Madmen in suits.

Believing in numbers, percentages and sanity
Drawing bar-charts to rationalize tanks and air strikes.
Using 'intelligence' to fool themselves
with White Papers and dossiers
In dimly lit corridors they meet in murder;
It is not just us and them. I want

An end to war another world was possible

It has been said, once it was true – Violence breeds violence.

The lunatics with their economies
Protecting. The lunatics with their rocket launchers
Projecting. Leaders are leading us down
the road
to ruin

we are going going...

The Leaders







The TV was declaring while terrorists were scaring and soldiers were preparing for another bloody war. Democracy was turning. The missiles were burning everything we had been learning throughout the days of yore.

But the bombs they kept destroying, the blasts were so annoying and every girl and boy in the city prayed for an end to war.
Using religions and nations to legitimize annihilations in the name of liberation is rotten to the core.

And the purpose of the killing is the oil we are drilling and the bellies we are filling to fuel another war.

If I sound like a preacher or some peculiar teacher,
I'm sorry I'm just a seeker of some truth and nothing more.

History will be spoken, hearts and minds will be broken, and when we have awoken, we'll say "'twas a war and nothing more". World War I was in the mud, World War II was in the thud, World War III is in the blood and World War IV means 'nevermore'.

And when we die we ask inviting, "Why were we always fighting?" We never let the light in; instead we chose to slam the door.

And if we were to awaken in green fields less forsaken and understand innocent lives were taken – may there be war, nevermore.

From the Cypriot red that flows from the vine, to Israeli merlots in Roman Palestine, from black and green olives in the Peloponese, to humous, falafal and Labaneh cheese.

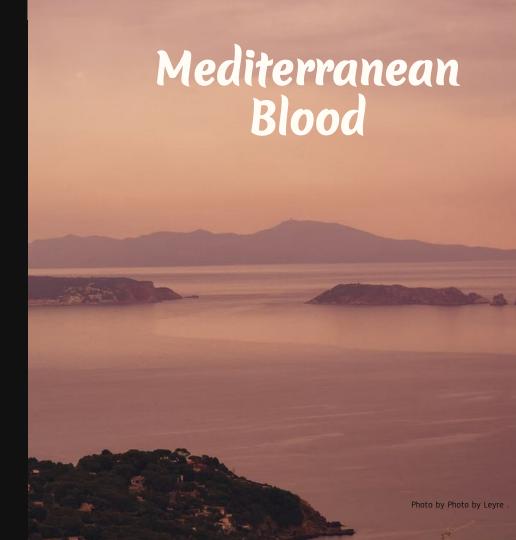
From the mosques and bazaars of Turkish Istanbul, to Byzantine mosaics and Nabatean walls, from Bedouin tribes and shifting sands, to the Spanish who banished us from their land.

From the imperial reach of Napoleonic France, to ancient Greek ampitheatres, the warriors danced from Sicily to Crete, from Andalucia to Rhodes, colossal statues of mythical heroes.

From Italian chapels built on green hills, to Moorish fortresses, men have killed, conquered, fallen and risen again, over the Mediterranean blood we share in our veins.

This is the blood that was drained on the shore, and bottled by bloodthirsty kings of war.

This is the blood we drink to this day, whether red or white or sparkling rose.



Biopsy

Peace is not just a nice word, abstract concept or slogan on a T-shirt. It is as real as the blood flowing through your coronary arteries.

Heart attack caused by occlusion, a stubborn blockage in the system. The ambulance travelled at 85 miles-an-hour, The Fajr-5 rocket at one kilometer a second.

If war is a cancer caused by man's hatred, then poetry is the antibody fighting the disease. The writer is the surgeon in the operation to end the arms race to death.



Warbook.com

(Response to Gaza War 2014)

Everyone's playing the propaganda game.
No-one's playing the proper Gandhi game.
Some are playing mind games.
Taking sides like war's some football game.
Some are praying for an endgame.
Some are playing with words.
Others are playing with fire.
Everyone's playing the propaganda game...

Throwing Stones (In response to the Chilcot Inquiry of the Iraq War)

Back then Iraq was called an intervention, with no thought about life after 'liberation'. Did we expect them to thank us for annihilation? And believe leaders were misled by 'misinformation'?

Now I'm not one to say 'I told you so', nor be a self-righteous sofa-sonic hero. But Baghdad's blood goes beyond Ground Zero, and Bush and Blair were just Scorsese and De Niro.

Cheney, Rumsfeld and the other 'architects' of war, had the blueprints mapped out long before, Mickey Mouse stole the vote from 'green' Al Gore, for lucrative arms deals behind closed doors.

Lockheed Martin, Halliburton, British Aerospace, have their napalm tentacles all over the place. In the brochures and bribes of the 'arms race', there are no pictures of the dead girl's face.



Today we may joke about iron domes and drones. a robotic future where 'driverless tanks' may roam, like welcoming the Terminator into our homes. 'Let he who is without sin throw the first stone.'



I look up at the clear racist sky, and wonder if a lullaby, 'bout America's black sheep, cotton and rye could perpetrate the age-old lie.

And what did a Nazi salute by our young Queen, on green Royal grounds really mean?

On black and white film the Fuhrer was seen, while men admired and conspired behind the scenes.

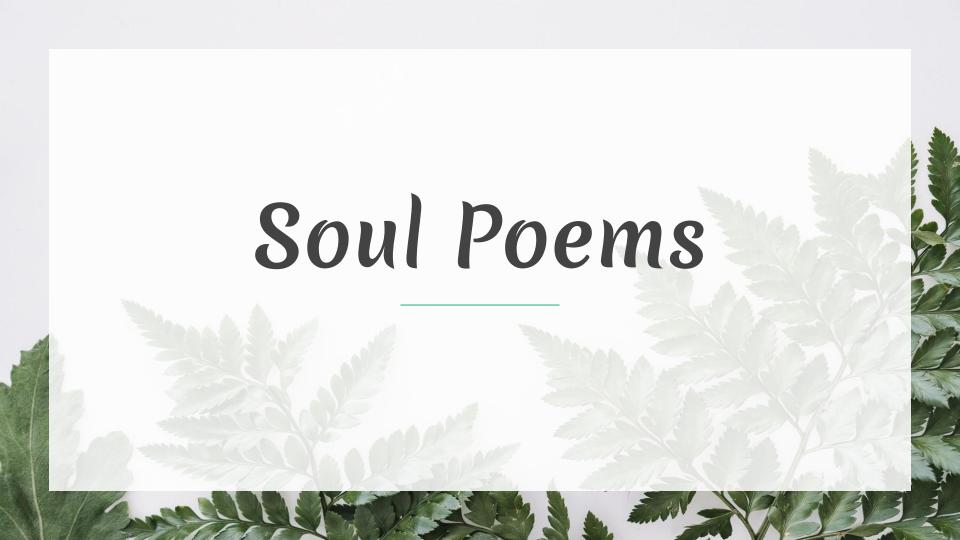
In 1933 it wasn't about Czechs, Poles or Jews, fascism was the future projected on the news. An election where people don't really get to choose, causes a tidal wave of verbal and violent abuse.

Today messianic maniacs are still covering their faces, with monstrous masks and white robes in places, across the Deep South the ku klux embraces, the supremacy of white among the races.

And was slavery abolished or simply replaced, by a rotten economy that seeks to disgrace the unknown untouchables who make up the base, for the top trumps who have resources to waste?







Birds of Pray

On the Heath I heard
A fresh and natural way,
The simple song of a bird
Taught me how to pray.

I found a quiet place
And began to look around,
I witnessed wild space
And listened to autumn sound.

Then shutting my tired eyes, I saw thousands of dots and lines. But like the black night skies There was nothingness behind.

I left the chaos of thought And abandoned my daydreams, All the burdens I brought Were lost in the streams.

I thanked the Lord above, For giving me a soul, And for sending me love, Home, purpose, a role.



Then I said sorry
For the aggression inside,
My twisted lies and worries,
And the people I made cry.

"Help me to be good And guide me," I said, Still wondering if God Was a part of my head.

"Send love," I prayed,
"Wherever we roam,
Send love far away
And love close to home."

"I want to forget time And breathe with concentration, And free my stressed mind To speak like the ocean."

At the end of my prayer I finally realized There are others that care, If I open my eyes.

Seven magic syllables, The Gita and Gandhi pray, life is a mere wave in the ocean of humanity.

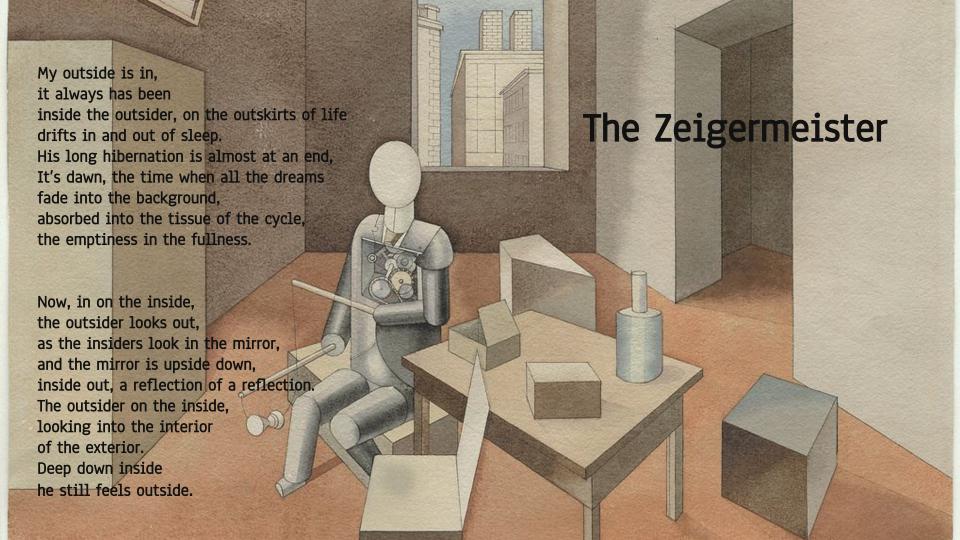
Sunflower, melt my ego on riverbank, ancient east Sunset seeds will slowly flow while your flower soul feasts.

Samsara's suffering wheel enlightens four noble truths. Compassionate wisdom feels awake in Nirvana blues.

There is no I, life is pain And our craving is the cause. Non-attachment breaks the chain, So follow the eight-fold laws.

But sunflower please tell me 'coz if I do not exist.
Why do they want to kill me?
And why do I not resist?

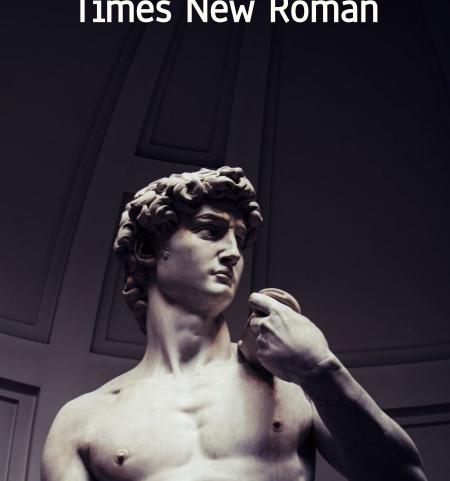






Capturing the essence of David in solid marble, leftover to become the embodiment of intellect overcoming brute force, made every other statue look like stone.

Photo by Dries Augustyns



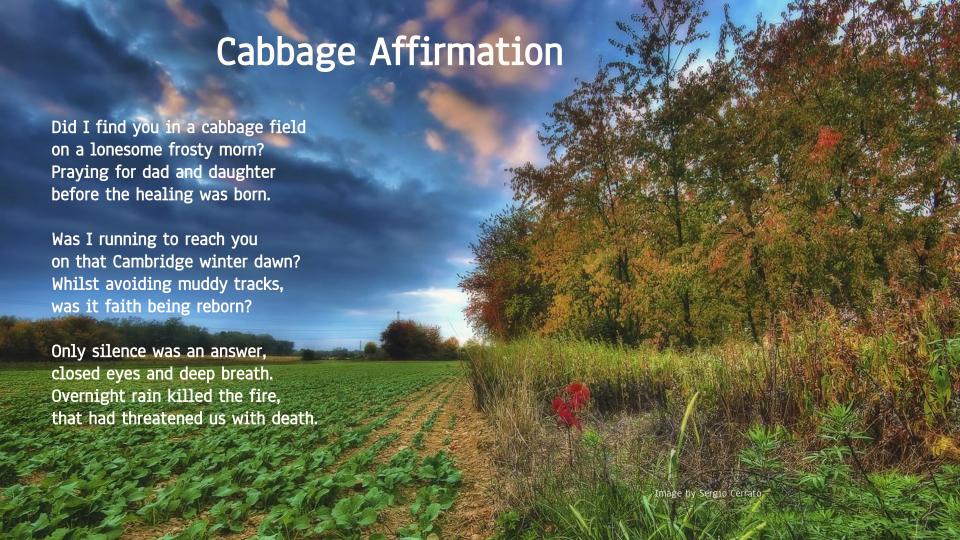


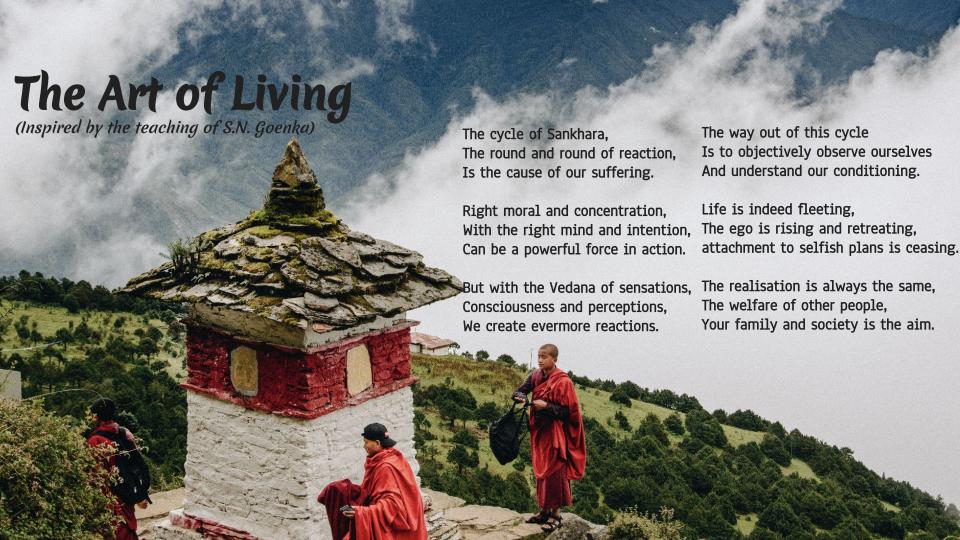
Halo

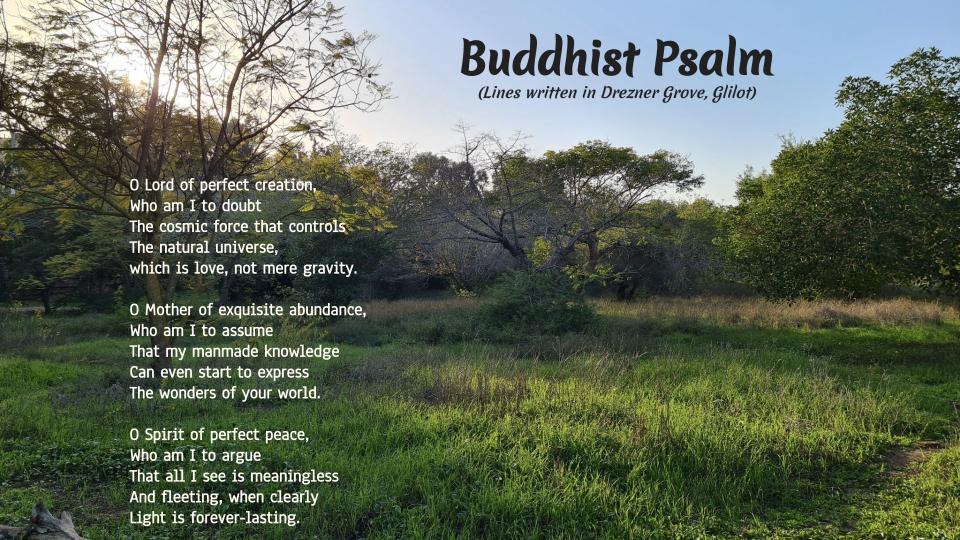
A full sacred shining moon, you eclipsed from your mother Like a tunnel of light on the day we met you.

Your aura fell upon me as the morning sun rose high. Hila - a moment of clarity, our new life has begun.









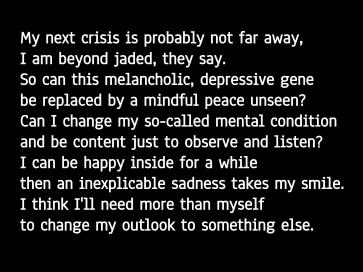
Peace is Everywhere (Inspired by Peace is Every Step)

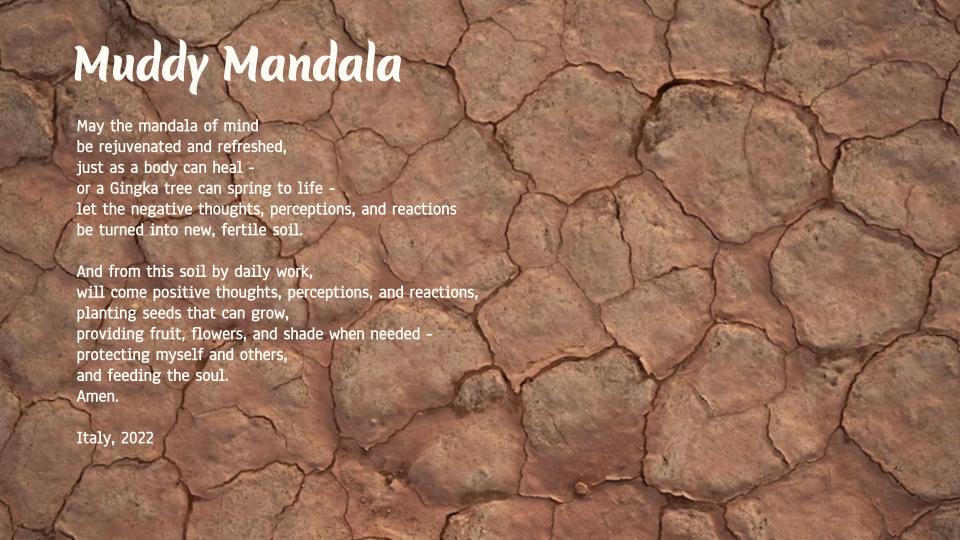
Peace is everywhere, Yet we don't always see it. Peace is in the air we breathe, Though we don't always feel it. Peace is in the trees that sway, Yet we dare not touch it. Peace is in the blackbird's song, Though we often don't hear it. Peace is in the crashing waves, Yet we can't always understand that Peace is everywhere, all the time, And now is the moment to be it.

Awareness is everywhere-ness.











On Yefe Nof Zichron, 2023

Clear the cobwebs from your eyes, unclouded by judgement, see the multi-coloured flowers, witness earth's present moment.



Daniel in the lion's den – that's me, that's my self-fulfilling prophecy. Willingly, I jumped into the den, but is my soul worth saving again?

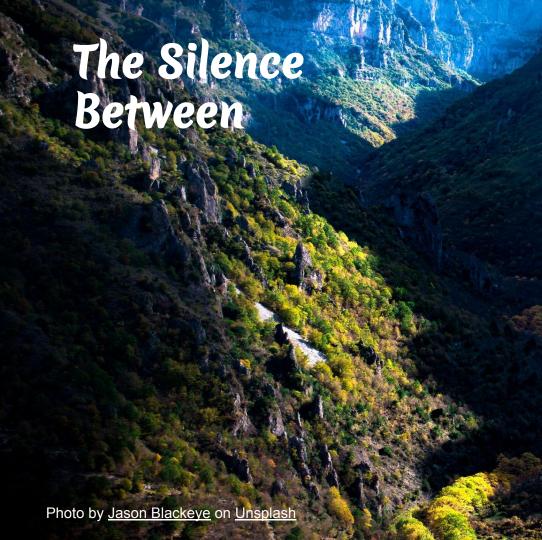
Can I be that faithful man, or am I just another fake Dan? Damned to be a Dan who doubts – a peaceful Dan who often shouts.

I'm a Dan without a fixed dogma, who loves Jesus as a Jewish reformer, and sees Buddhism like the tree of life, but hides a melancholic soul inside.

Dreaming with Drumsticks

I knew my soul had a song in it.
I saw my mind had a block in it.
I felt my body had an ache in it.
I heard my spirit had a life in it.
I believed my life had meaning in it.
I prayed my thinking had a light in it.
I hoped my future had a love in it.
I walked my path with a quiet voice in it.
I wrote my poetry with my soul in it.
I knew my soul had a song in it.





God is the silence between the mountains, and the inner space between our ears, the unheard binding that's everywhere, the sound that has no sound, the voice that can only be heard, by careful, patient listeners.

What we call God, is unnameable – the mountain tops in the morning, the light in the distance of the distance. In the air, but not the air, but the source of the air, that breathes in us.

The force of God is creation, the silence between the mountains, blowing through the valleys, running in the streams, flowing through rivers, the depth and stillness of the lakes, the movement of the waves, both the infinite and the fleeting, the tangible and the imaginary, the permanent and the impermanent.

Greece, 2023



Cosmic Poems

Children of the Baby Boomers

Babies of the baby boomers, of the flower children, the rock n' rollers, those who remember JFK, John and Yoko, yesterday. I'm talking 'bout that generation, who could not get no satisfaction, I guess the times they were a-changin' while in Vietnam the war was raging.

Ginsberg was howlin', the wind was blowin' words were flowin' like Lenny Cohen.
2001 was a mere space odyssey,
man on the moon was satellite TV.
Andy Warhol and the Velvet Underground,
were riders on the storm of a new sound.
Hendrix played Woodstock at break of dawn,
but the dream died before it was even born.

On a balcony one night stood MLK, the cops or someone blew him away. We shall overcome they all once sang, but that was before they heard the bang. Hard rain's gonna fall and fell it did, heroine flowed through the ghetto kids. Marvin Gaye asked 'what's happening bro?' Maybe our children will one day know.

Apocalypse Now, loathing and fear,
All you need is love and a \$100K a year.
Generation X and Generation Y,
travel the globe to kiss the sky.
You could call us the mobile generation,
Or cyborgs with imagination.
We are the searchers surfing through time,
looking for something to mellow our minds.

The Theory of Nothing (In response to Stephen Hawking's Brief History of Time)

We are bones, made of stone, we are multi-million year-old particles. We are protons and neutrons, atoms pulsating life.

We are nature, born wild, we are organic, we were once seeds, we grow in eggs, we orbit the sun.

We are buds, we are saplings, like the grass, daisies and poppies, climbing up from the earth.

Image by Garik Barseghyan

We are advanced biological systems, miracles of rational science, chemicals with consciousness and electric brain waves.

We are visionary creators, we colonise space and decipher the universe, We are hunters, we are killers, we are destroyers of worlds.

We are gods, we are god-like, we are God. We are giants walking on a tiny spec of dust, gravitating towards a black hole.

We are lonely, reaching out to the stars. When we die, we are nameless. Yet, some minds travel faster than the speed of light.

I once knew a friend, a cowboy of the cosmos, who spoke of freedom, a path not travelled. He went to the Peruvian jungle to confront his demons, or something.

In hallucinogenic dreams he wandered, fighting darkness with the force of light, the kind of light that shines from words hidden deep within the belly of the soul. He travelled deeper and deeper inwards until he reached a cave.

Inside the cave he saw a candle shining, a yellowy, dreamy light that called him closer, drawing him deeper into the darkness, into danger, until he could almost touch its flame, though he dared not extinguish its luminous power.

The candle flickered, almost conscious of his nervousness, as he too felt its gentle energy.

Then all of a sudden it was daylight everywhere.

Green fields, bluest oceans and colourful birds nesting in tall, fruitful trees. The day had once again won.

Though my friend now knew the cave's secret – that darkness and daylight were coexisting, interdependent forces from the same one source.

Cave in the Cosmos

Photo by Bruno van der Kraan

Star Stuff

(Inspired by Cosmos by Carl Sagan)

Star stuff, that's what we're made of —
The big bang shot debri into the far reaches of our minds.
Before the beginning, before the bang, was a black hole.
From nothing came everything, and everything will be nothing.
Rocks and particles collided to form our planet,
Gas created water, water created life.
Fungi turned into fish, molecules into mammals.
DNA became dinosaurs, genes grew into geniuses.
Tree barks made books, and books expanded brains.

Star stuff, that's what we're made of –
Spinning round and round, one of a billion suns,
on the quiet suburbs of the Milky Way.
Mars – a frozen volcanic rock, much like our past.
Venus – a flaming ball of carbon dioxide,
Our dystopian future.
Yet only the third rock from the sun
is perfectly placed for the fluke of life,
as if we're on a cosmic conveyor belt.

Star stuff, that's what we're made of like a flash of electric lightning,
racing across the darkened sky.
The world was created and destroyed
five times already, like the Mayans said.
And all who study the stars will find,
our tiny planet seems insignificant,
yet it feels so magnificent
and abundant that all this religion
and science could be fiction.

Constellations of Consciousness

Just as a grandmother sits in her house, surrounded by her children, their spouses and grandchildren, so a sun is orbited by its own family of planets.

And almost every planet has a moon, inexplicably bounded by a cosmic force, that we call gravity or magnetism, though some on earth call it love.

Despite all our waste, despite all our noise, despite all our plastic bottles and toys.

Despite our pollution, despite toxic fumes, despite all the minerals we burn and consume.

Despite all our fighting, despite all our wars, despite all the pain that nature endures.

Despite deforestation, despite radiation, despite the extinction of her creation...

The evergreen planet still provides and protects, and sustains us with everything. Lest we forget.

Evergreen Mother



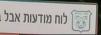
The Sun's Secret

The sun-god God could be the sun and what we call God. In the end, it is the sun that binds all life on earth, and in our solar system. The sun provides all light, and we know light fills the dark. The sun never leaves us, as the Lord never leaves. The sun is the creator of all colours we have on the planet. It is the yellow of the flowers. It is the purple of the Jacaranda tree. It is the sparkling silver of the sea. It is the white of the moon. It is the twinkle in our eyes. It is all that we know for sure. It is our source, our life-giver, and our powerful protector, that we need to protect ourselves from. It is the biggest thing known to man. It oversees and defines night and day. It moves. It goes away. But it never dies. It's older than anything. It's a ball of energy. It's the centre, the heart of existence. And we exist because of it. We owe ourselves to it, yet it asks for nothing. The sun is God, God is the sun, the father, and the holy spirit. Amen.



Photo by <u>LumenSoft Technologies</u> on <u>Unsplash</u>

Hebrish Poems



Hebrew Headache

Letters, words and sentences I cannot yet understand, Television newsreaders talking but delivering no information.

Adverts, billboards and slogans selling me something, Food in alien packaging, with clever logos lost on me.

2 for 1 deals and mystical menus, intriguing and confusing, Bus stops and cafes filled with meaningless mobile chatter.

Passing road signs and neon lights, leading me to nowhere, Even election posters and religious rhetoric cannot reach or teach me.

And finally comes the punch line of the joke I do not get, But with every step I am closer to you and losing my headache.





For my days are consumed like smoke, and my bones are burned as an hearth. (Psalm 102:3)

There are no words, in English, Hebrew or Sanskrit that can reach your light. Words are finite.

There are no words, in this Oxford dictionary, the ancient tree of knowing, that keeps twisting and growing.

There are no words, no name can be touched, no adjective makes sense, no passive verb makes amends.

There are no words, before my tired eyes, on this piece of paper, that vanishes into vapour.



יום ששי בשוק. אֲנִי לוֹקֶחַ בַקְבוּק יַיִּן, Feeling fine Got no kesef on my mind אַנִי אוֹכֵל כמה זֵיתִים וכמה תותים I'm not working, I'm searching escaping the routine תַפוחַ -אֲדַמַה, תַפוחַ -עֵץ I got a million things I need to getz גבִינַה, בַנַנַה וְלֵחֶם טוֹב היום אַני הוֹלָך עד הסוף. כַמה זֵה עוֹלֵה? כַמה זֵה עוֹלֵה? ָחָמֵש, שֵש, שֶבַע אוֹ שִׁמוֹנֵה? ַכַמה זֶה עוֹלֶה? כַמה זֶה עוֹלֶה? ֿתַאֲמִין לִי, בֶּן ָאדָם, זֶה מְעוֹלֶה. אַנִי הוֹלֵךְ הבַיִּתַה for a schluff ֹתִיקון הַנפֶש, תִיקון <u>הַגוף.</u> Schnatzin', relaxin" אַיזוֹ הַרְגַשה! Do not disturb me ָשֶׁקֶט בְּבַקָשָה.

Kol Ben Adam Olam (Every human is a world)

Kol ben adam olam, Kol ben adam olam, Kol ben adam olam.

Ve l'kol ben adam yesh makom - b'olam ha'zeh, L'kol ben adam yesh ko'ach - tov ve ra. Ve l'kol ben adam yesh ru'ach - chadasha, L'kol ben adam yesh neshima.

Kol ben adam olam, Kol ben adam olam, Kol ben adam olam.

Ve l'kol ben adam yesh derech, L'kol ben adam yesh erech. Ve l'kol chayim yesh siba, Kol yeled or yelda matana.

Kol ben adam olam, Kol ben adam olam, Kol ben adam olam.

כל בן אדם עולם

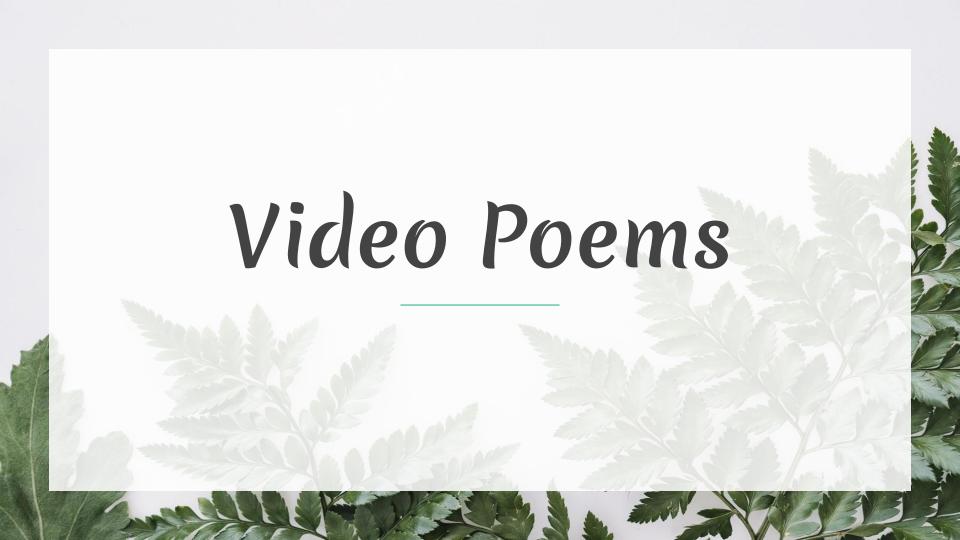
כל בן אדם עולם, כל בן אדם עולם.

כל בן אדם עולם. ולכל בן אדם יש מקום -בעולם הזה. לכל בן אדם יש כּוֹחַ -טוב ורע. ולכל בן אדם יש רוּחַ -חדשה. לכל בן אדם יש נשימה.

> כל בן אדם עולם, כל בן אדם עולם, כל בן אדם עולם.

ולכל בן אדם יש דרך, לכל בן אדם יש ערך. ולכל חיים יש סיבה, כל ילד או ילדה מתנה,

> כל בן אדם עולם, כל בן אדם עולם, כל בן אדם עולם.



Singing the Unseen



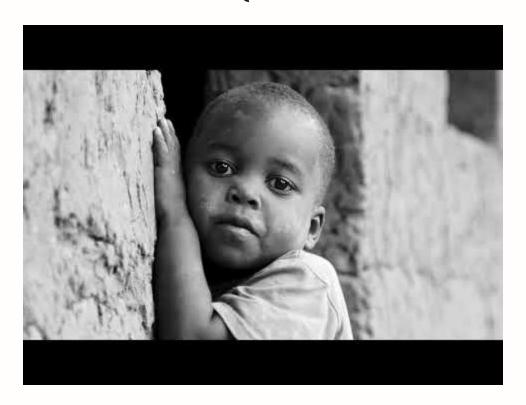
The Leaders



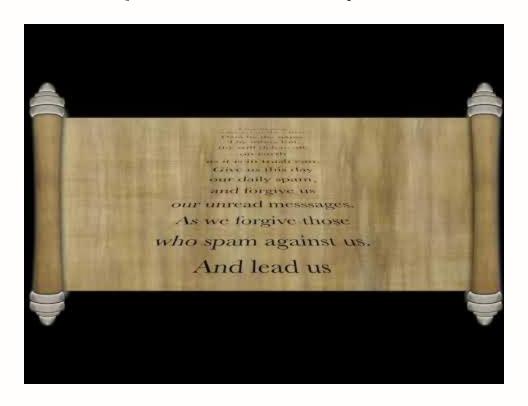
Throwing Stones



Bedtime Story, 1984



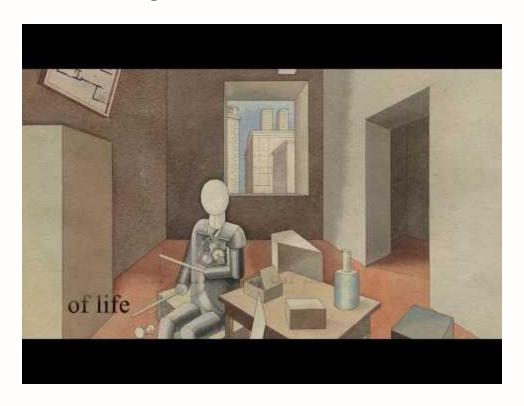
The Spammer's Prayer



Children of the Baby Boomers



The Zeigermeister



Biography

I was born a Christian, converted to Judaism, and I guess I have an affiliation with Buddhism. Born in the town of Rayleigh, Essex in 1979, I grew up in a ordinary suburban village called Hullbridge. My father was a builder, drummer and fisherman, and my mother was a housewife, part-time carer for the elderly and full-time believer in God. Educated at an all-boys Roman Catholic school, I had a rather miserable adolescence, writing songs and drawing pictures to escape my self-imposed loneliness. I say self-imposed, as I actually had three great brothers, Anthony, Paul, and Sam. Yet, my only joy in life was to create and write songs. As a boy, I dreamed of being a Manchester United footballer or rockstar in an indie grunge band.

Not really knowing how to achieve these goals when I left school, I studied film theory. Though, I quickly realised that being able to analyse why Robert De Niro wore a red jacket in *Taxi Driver* wasn't going to get me a job. So I quit university and worked in a bank for all of six months. It was long enough for me to discover that I did yearn to learn, so I signed up for a media degree before Tony Blair took away free higher education in England in 1997. This led to my interest in becoming a magazine journalist. Yet I spent these formative student years making short films, bumming around, getting drunk, getting beaten up, getting angry, until one night I dragged all my friends to the Whirl-y-Gig club in London, where I met the love of my life, Shiri.

From then on, we were inseparable like a pint-sized John and Yoko, except Shiri wasn't Japanese, she was Israeli. And her nationality had a huge influence on the arc of my life. Yes, for after becoming a travel journalist (albeit for an unsexy overseas property magazine), I realised the business traveller's life wasn't all fun. In fact, it was exhausting and caused cash-flow problems. So in 2008, Shiri and I bought a one-way ticket to Tel Aviv and never looked back. Except that I did, and still do, look back every day. Yes, we exchanged our leafy corner of North London for the chaos of the Middle East.

Three kids, four wars, five jobs, numerous stories, articles and poems later – it's been a rollercoaster ride of emotions. I'm now a middle-aged Dad, still scribbling my thoughts onto paper, hoping that one day someone, other than myself, would like to read them.

Other Titles by the Author

Poetry:

The Last Stanza: An Anthology of Poems from Tel Aviv (2011)

Making Uga (A Book of Hebrish Rhymes) (2017)

Fiction:

<u>Dada is Zed & Other Stories</u> (2012)

<u>The Qwerty Man</u> (2017)

Travel:

Lonely Planet Israel & the Palestinian Territories (2010, 2012, 2017)

Lonely Planet World's Best Street Food (2014)

Lonely Planet World's Best Brunches (2015)

Lonely Planet Happy (2015)

Lonely Planet Global Beer Tour (2016)

Lonely Planet Best in Travel (2011, 2012, 2014, 2016, 2019)

BBC History: The Story of the Holy Land (2017)

